

Confocal Fluorescence Detected Linear Dichroism Imaging of Isolated Human Amyloid Fibrils. Role of Supercoiling

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Abstract Amyloids are highly organized insoluble protein aggregates that are associated with a large variety of degenerative diseases. In this work, we investigated the anisotropic architecture of isolated human amyloid samples stained with Congo Red. This was performed by fluorescence detected linear dichroism (FDLD) imaging in a laser scanning confocal microscope that was equipped with a differential polarization attachment using high frequency modulation of the polarization state of the laser beam and a demodulation circuit. Two- and three-dimensional FDLD images of amyloids provided information on the orientation of the electric transition dipoles of the intercalated Congo Red molecules with unprecedented precision and spatial resolution. We show that, in accordance with linear dichroism imaging (Jin et al. Proc Natl Acad Sci USA 100:15294, 2003), amyloids exhibit strong anisotropy with preferential orientation of the dye molecules along the fibrils; estimations on the

orientation angle, of around 45°, are given using a model calculation which takes into account the helical organization of the filaments and fibrils. Our data also show that FDLD images display large inhomogeneities, high local values with alternating signs and, in some regions, well identifiable μm -sized periodicities. These features of the anisotropic architecture are accounted for by supercoiling of helically organized amyloid fibrils.

Keywords Amyloid · Anisotropy · Fluorescence detected linear dichroism · Laser scanning confocal microscopy · Supercoiling

Introduction

Amyloids are highly ordered insoluble fibrous protein aggregates. They are deposited in a wide range of tissues and are associated with neurodegenerative diseases and a number of other pathological conditions [1–3]. Amyloids are also in the focus of interest with regard to the mechanisms of protein folding and misfolding and their correlations with fundamental biological functions and cellular dysfunctions, respectively [4]. For material sciences, the fact that they can self-assemble from simple building blocks, such as peptides and proteins, holds the promise of the creation of intelligent and highly stable nanomaterials [5, 6]. Hence, the formation, structure and elasticity of these hierarchically organized macro-assemblies, at different levels of complexity, are of crucial importance not only for the diagnosis and prevention of diseases but also for basic biology as well as for nanotechnology.

The formation of amyloids is initiated by the aggregation of unfolded or partially unfolded proteins. These aggregates assemble into protofibrils or protofilaments and then to mature fibrils, which are deposited in large, microscopic

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patches or plaques. [4, 7] The core structure of amyloids, the so-called cross- β structure, is composed of β -sheets with strands running perpendicular to the axis of the fibrils [8, 9]; they are assembled in polymorphic and stepwise manner. [10–12] In many amyloids the fibrils have been shown to be composed of a double helix of two protofilament pairs wound around a hollow core. [13] Paired helical filaments (PHFs) have been observed [14–17] with diameters of 5–20 nm and periodicities typically between 75 and 160 nm [17, 18]. Helical structures, ‘double tracked’ ribbon-like entities wound around the non-protein components of AA amyloids, have also been identified on cryofixed and freeze-substituted samples [19]. Plaques of microscopic sizes also exhibit a high level order, as shown by their inherent and dye-enhanced birefringence as well as metachromasia and anisotropic effects, originating from the ordered packing of the protein components in the fibrils [1] as well as from other, non-fibrillar constituents [20]. Hence, amyloids appear to be highly organized at all levels of their structural hierarchy. This is documented by a wide arsenal of methods of structure investigations, including atomic force, electron and light microscopy techniques and X-ray and optical diffraction, and a range of optical spectroscopic tools, from the far UV to the infrared, as well as magnetic resonance spectroscopic methods [7, 8, 13, 21–26]. Nevertheless, because of the complexity of virtually all amyloid structures and the presence of disorders and inhomogeneities, our understanding of their self-assembly, structure and elasticity are still far from being complete, and further methods, which provide specific information on their molecular organization, are of interest.

For many decades, birefringence of Congo Red stained tissues served for the diagnosis of amyloidosis, and was also used for the identification of amyloids *in vitro*. Birefringence is given rise by the anisotropic protein architecture of amyloid deposits [1, 27]. By using polarization microscopy, the molecular order was detected also for the endogenous sugars and other “non-protein” compounds, which cooperatively participate, in highly oriented fashion, in the assembly of the amyloid fibrils [20, 28, 29]. An advanced imaging technique, linear dichroism (LD) imaging confirmed that the molecular architectures of amyloids are indeed highly anisotropic [30]. In contrast to the birefringence, which is difficult to quantify in terms of anisotropic molecular architecture, the imaging of LD provides specific and quantitative information on the orientation of the electric dipole transition moment of Congo Red, which was found to be oriented preferentially along the long fiber axis [30]. These LD measurements were carried out on a microscope equipped with rotating polarizers and a digital camera. The spatial resolution and the precision of measurements of anisotropy can be further improved by

confocal microscopy and high frequency modulation/demodulation techniques, as applied first for a scanning stage microscope [31], and more recently on a laser scanning microscope (LSM) [32]. Our DP-LSM (differential-polarization laser scanning microscope) allows the rapid and precise microscopic determination of the main differential-polarization quantities [33]. In this work, we imaged FDL of isolated human amyloids stained with Congo Red. FDL, the fluorescence detected linear dichroism, as LD, originates from non-random distribution of the absorbance dipoles; however, FDL is calculated from the intensity difference between the fluorescence emissions elicited by the two orthogonally polarized beams, instead of measuring directly the absorbance difference between the two beams. In confocal regime, this technique offers superior spatial resolution and high precision data [34]. Our measurements show that amyloids exhibit strong anisotropy, and confirm the preferentially parallel orientation of the transition dipoles of Congo Red with respect to the long axis of the fibrils, with a calculated intercalation angle of around 45°. However, our measurements also reveal characteristic anisotropic patterns, domains with alternating signs and, in some samples, well discernible periodicities, macro-organization features that are accounted for by supercoiling of helically organized fibrils. The results have been presented in a preliminary form [35].

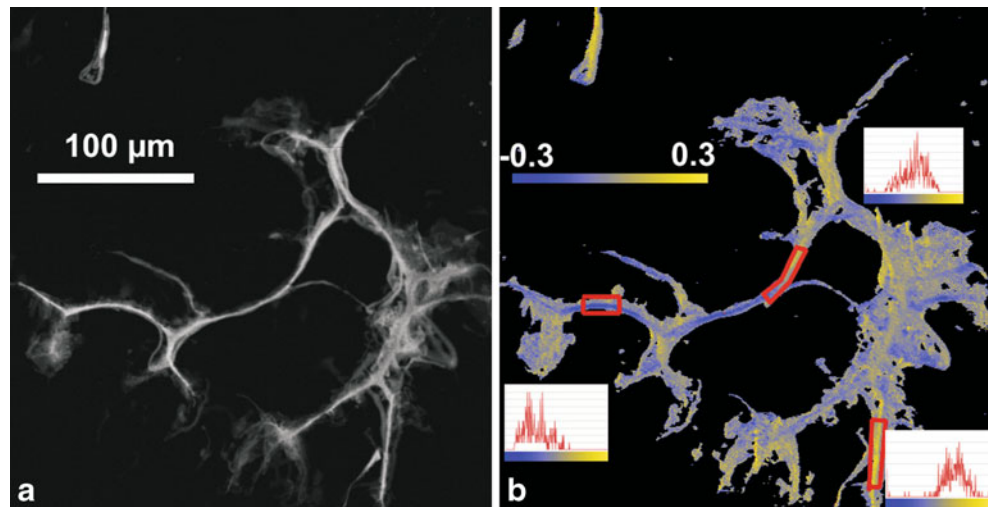
Experimental

The preparation of amyloid fibrils was performed according to [36, 37]. The slides were prepared as described earlier [38, 39]. The sections were stained with freshly prepared 0.1% aqueous Congo Red solution (Merck, Darmstadt, Germany) according to [40], for 10 min and, after rinsing in running water (30 min), were mounted with diluted gum arabic (“Kristall-Gummi” Gutenberg, Mainz, Germany) solution [41].

Confocal fluorescence intensity images were recorded on a Zeiss LSM410 laser scanning microscope. Samples stained with Congo Red were excited at 488 nm and the fluorescence emissions were observed above 560 nm. Confocal FDL images were recorded on the same LSM, equipped with a differential-polarization (DP) attachment [32–34]. Briefly, a DP attachment, which modulated the polarization state of the exciting laser beam at 100 kHz, using a photoelastic modulator (PEM-90, Hinds Instruments), was placed between the beam expander and the main beam splitter. The signal, proportional to the fluorescence intensity difference was obtained from the demodulation circuit.

The magnitude of FDL was calculated as the difference in fluorescence intensities associated with the absorbances for the two orthogonally polarized beams; when related to

Fig. 1 Confocal fluorescence intensity (a) and fluorescence detected linear dichroism (FDLD) (b) images of isolated human amyloid fibrils stained with Congo Red. The excitation wavelength was 488 nm, the fluorescence emission was detected above 560 nm. The color code in b indicates the magnitude of orientation parameter ($S = \text{FDLD}/3I_a$, where I_a is the average fluorescence intensity). Insets in B, histograms of S values in the framed areas



the total intensity, the S orientation parameter was obtained: $S = \Delta I/3I_a$ for small ΔI , where ΔI corresponds to the intensity difference in the fluorescence emissions elicited by the two orthogonally polarized beams, and I_a to the average fluorescence intensity, calculated from the sum of the two intensities elicited by the two orthogonally polarized beams. S can be used for calculating the orientation angle [42], see also [34]; this signal was stored and displayed by the computer of the LSM.

Results and discussion

LD imaging on amyloids was first applied by Jin et al. [30], who used a microscope equipped with a rotating polarizer and a camera detection. With the use of this technique, which provides unique information on the orientation of the electric transition dipoles with respect to a coordinate system fixed to the sample, the authors have concluded that Congo Red molecules are aligned along the fiber axis. The DP-LSM assembled in our laboratory, using high frequency modulation of the laser beam and demodulation of the signal of the photomultiplier detecting the transmitted light, allows pixel by pixel LD imaging. However, the set-up is also suited to measure LD via fluorescence detection. In this regime, instead of measuring the absorbance difference (LD) for the two orthogonally polarized beams, we measure FDL, the intensity difference of the fluorescence emissions elicited by the two beams. One advantage is that this detection technique measures the true absorbance, and scattering artifacts are eliminated. In addition, fluorescence detection has high sensitivity, which can be important for weakly absorbing samples. However, the main advantage of the fluorescence detection is that it is ideally suited for confocal laser scanning microscopes, most of which

allow confocal imaging in fluorescence rather than in transmission mode. Hence, FDL can offer not only better sensitivity but also superior spatial resolution.

As seen in Fig. 1, amyloids exhibit strong FDL signals, which evidently carry independent information from the fluorescence intensity signals. Although the anisotropy pattern appears to be more complex than anticipated (see below), it is clear that the FDL signals tend to follow the alignment of the fibrils: they tend to display positive FDL signal for fibrils aligned vertically and negative FDL signals for horizontally aligned sections (see also the 3D reconstructed FDL image—Supplemental Material). This can be confirmed and quantified by the histograms of well aligned sections of the fibrils (inset Fig. 1b). Histograms on vertically and horizontally aligned fibrillar sections, which exhibit strong dichroisms, revealed that the mean values of S were symmetrical, -0.16 ± 0.06 and 0.14 ± 0.06 , for horizontally and vertically aligned fibrils, respectively; whereas the sections at 45° displayed nearly zero dichroism, as expected.

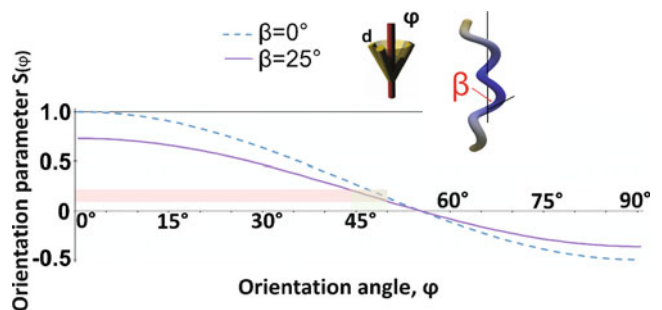


Fig. 2 Dependence of the orientation parameter, S , on the orientation angle, φ , of the electric transition dipole vector (d) of Congo Red with respect to the protein scaffold of the amyloid fibrils for rod (dashed line, $\beta=0^\circ$) and the helical model with a tilt angle of $\beta=25^\circ$ (solid line)—based on the parameters published by Ferrari et al. [17]. Insets, the geometries used in the model

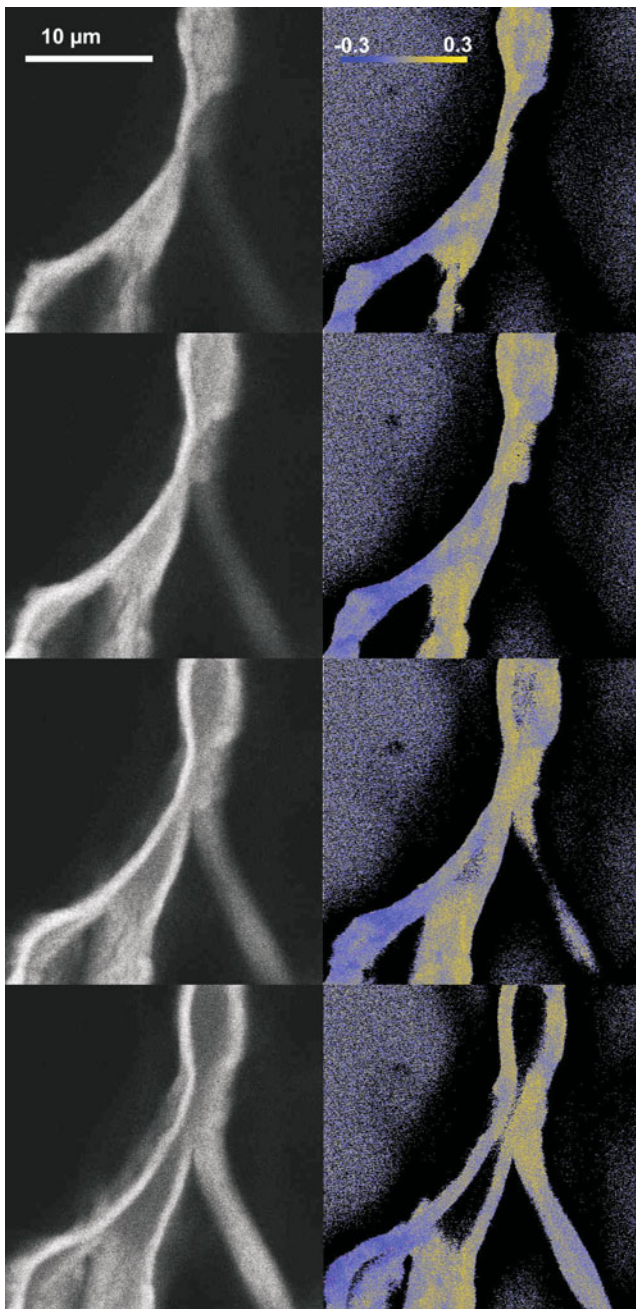


Fig. 3 Series of confocal fluorescence intensity (*left panel*) and FDL (*right panel*) images of an amyloid sample stained with Congo Red. Z-distances between the optical slices, 1 μm . The excitation wavelength was 488 nm, the fluorescence emission was detected above 560 nm. The *color code* indicates the magnitude of the orientation parameter S

These data are in harmony with the conclusion of [30] concerning the preferential orientation of the transition dipole vector of Congo Red—along the long axis of the fibrils.

Based on the measured FDL data, model calculations can be performed to calculate the value of the φ orientation angle between the transition dipole vector of Congo Red and the long axis of the fibrils. When using the simplest

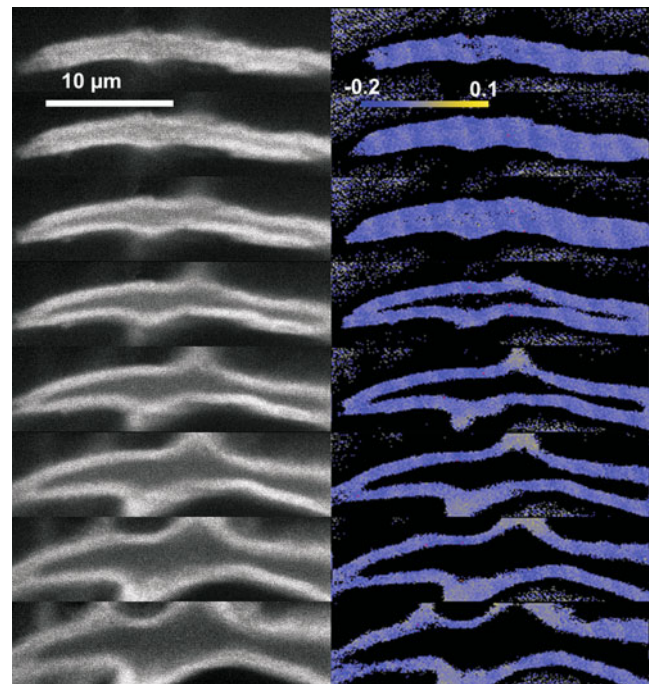


Fig. 4 Series of optical sections of isolated human amyloid sample stained with Congo Red; Z-distances between the optical slices, 1 μm . *Left panel*, fluorescence intensity images; *right panel*, FDL images with a *color code* indicating the magnitude of S, the orientation parameter

model of the fibril, a rod, the average φ orientation angle of the dye molecule, calculated from the average S values of well aligned fibrillar bundles, is found at around 49° and when taking into account the statistically significant higher S values of 0.2, we obtain 47° (Fig. 2). For a more complicated model, such as the PHF model, which takes into account the helical organization of the filaments, φ must assume smaller values because of the helical tilt of the filaments. The fact that induced CD signals are obtained upon the binding of Congo Red to amyloid fibrils and fibrillar proteins but not to unfolded polypeptides [43] is in

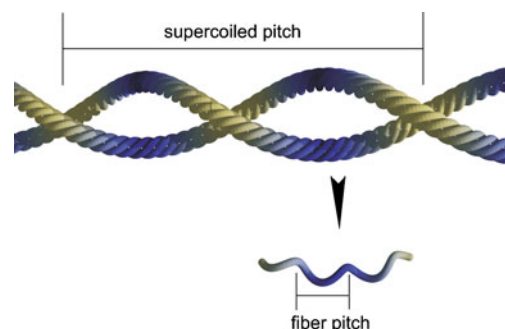


Fig. 5 A 3D geometrical model illustrating that a supercoiling of helical structures via slithering can give rise to anisotropic macro-assemblies with a higher level periodicity; the figure also shows the sizes of the helices in relation to the color-coded FDL signal, which would be associated with such a periodic structure

harmony with the notion that this dye is binding to the protein scaffold of amyloids, where it forms (a) helical array(s).

The helical organization of the filaments and protofibrils [7] is taken into account in the following manner. When the dye is bound to the protein which is then assembled into a helix with tilt angle β , the dipole orientation will vary in an angular interval of fluctuation that is determined by β . This ‘precession’ of the dipole along the helix can be taken into account as in the model published earlier [42, 44]. Conversely, the determination of the orientation angle, φ , with respect to the protein scaffold from the FDL D measurements depends also on the helical parameters. The tilt angle of the helix can be calculated from the structural parameters obtained from electron microscopy: with a width of 20 nm and a periodicity of 130–160 nm [17] the tilt angle is found between about 22° and 26°. With a tilt angle of 25° and the values of $S=0.14\pm 0.06$, calculated from the measured FDL D, we obtain φ angles between 44° and 50° (Fig. 2); the lower value belongs to the statistically significant strongest FDL D.

Upon a closer inspection of the FDL D images it can be seen that the anisotropy in the amyloid samples cannot be interpreted in simple terms of their filamentous structure. With the rare exception of areas with no apparent local variations in the sign and magnitude of FDL D, most areas contain large inhomogeneities. These inhomogeneities show no correlation with intensity variations in the fluorescence, and thus cannot be accounted e.g. for by staining inhomogeneities. The presence of inhomogeneities can be recognized already at low magnification (Fig. 1) but can be more clearly seen in higher magnification images, such as shown in Fig. 3. Again, it is clear that while the fluorescence intensity images do not show any domain organization the FDL D images display large local variations (Fig. 3, right panel). In most areas of about $2\ \mu\text{m}\times 2\ \mu\text{m}$ both FDL D signs occur, albeit not with the same magnitude. There are regions with clear dominance of one or the other orientations. In other regions, the FDL D, if averaged for the given area, corresponding to lower spatial resolution, would easily vanish or be largely diminished. The local variations in the images most probably reflect alignment-variations of the fibrils due to their macro-organization in the deposits. Hence, the presence of twisted structures and the exposure of certain fibril-alignments in the amyloid deposits, which often contain fibrils with different orientations, readily explain our observations.

In some samples the local variations in the FDL D displayed a clearly recognizable periodicity, while no such pattern was present in the fluorescence images (Fig. 4). The periodicity, determined by fast Fourier analysis was found between 1.48 and 1.74, with a mean value of 1.57 ± 0.1 , obtained from 5 independent determinations on the second,

third and fourth sections in Fig. 4. This kind of anisotropy evidently originates from a macro-helical organization of the fibrils (Fig. 5). Such structures can self-assemble by supercoiling from lower level helically organized structural elements.

Typical examples of superhelical structure with long-range order are nuclei and other DNA condensates, which spontaneously supercoil into compact structures exhibiting chirally organized macro-assemblies [45–47]. Via supercoiling of helical structures the packing density can be dramatically increased, which also significantly contributes to the structural stability of the supercoiled molecular macroassemblies (e.g. [48]). Supercoiling can result in typical macro-structures, such as characterized by branch collision and slithering [49]. These structures exhibit higher level periodic or quasi-periodic structures. Figure 5 schematically shows that a lower level helical structure, with a pitch of unity can assemble into a higher level structure with a much larger pitch and a periodicity in its anisotropy. For amyloids, PHFs possess a pitch of about 150 nm, which might assemble in supercoiled structures with a pitch of about $3\ \mu\text{m}$ and a periodicity of $1.5\ \mu\text{m}$. With branch collision [49] the helical filaments can form less regular but still highly anisotropic structures, i.e., assemblies in which relatively large sections of the filaments assume a clear tendency in their alignment (e.g. aligned vertically), while the filaments might be continued in sections with nearly orthogonal alignments. This kind of superhelical structures readily explain the presence of large inhomogeneities and highly anisotropic domains with alternating signs, and even periodicities in FDL D, which are absent in the fluorescence intensity images. It is proposed, on analogy with DNA condensates, that supercoiling significantly contributes to the stability of amyloid deposits. In order to obtain further details on the macro-organization of amyloids and their structural stability and flexibility, it would be necessary to carry out a more complete polarimetric imaging [50] of amyloid deposits under different experimental conditions.

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